

Interview with BN Regarding Acupuncture 11 2008

Prior to treatments with Dr. W., BN was treated by conventional treatments, including surgery for a malignant brain tumor (meningioma) in the frontal lobe. This brain tumor caused BN great emotional disorders, memory loss, personality changes, loss of vision, and severe locomotion challenges. After the surgery, BN experienced weakness, was confined to a wheelchair (could only move feet and legs), but was unable to stand or walk, inability to dress self or do self-care. BN remembers having severe headaches and dizziness all the time, plus great weakness, shakiness, and blurred vision. BN's spouse remembers how BN did not remember or recognize BN's spouse for about 3 months after the surgery. BN had to sleep on side due to loud snoring. BN had difficulty with speech and could not talk, but could understand (expressive aphasia).

Immediately post-operatively, BN was in coma for a full week, then in the hospital for about 3 months. After the surgery, BN was crying much of the time, when BN awoke from the coma. Doctors then recommended antidepressant therapy, which created side effects of less activity, so BN's spouse asked to have this medication removed from BN's treatment plan. BN remained hospitalized for 3 months after surgery, then was transferred to a long term care facility. At that time, BN was still non-communicative (minimally), had memory loss (to friends), and still very weak. BN was only able to walk with supervision and the walker. BN had a further complication of seizures causing paralysis approximately every couple months. BN could not feed self for about 2 months after the surgery. BN also had to learn to do many things all over again. It took time to turn many of BN's brain functions on again. It took almost 9 months for BN to learn to walk again.

*(This paragraph contains the beginning and initial observations, diagnoses, assessments and clinical evaluations of BN by Dr. Wang.)*

Then BN saw Dr. Wang, and after the first month, there was great improvement. BN was much more alive inside, but BN didn't want to go home, because BN liked having people take care of self, and going home meant that BN would have to do it all for self and take care of self. When Dr. Wang's treatments began, BN could only walk a few feet. After a few weeks of Dr. Wang's treatments, BN was able to gradually improve the distance BN was able to walk. Each treatment seemed to add about 50 feet to the distance that BN was able to walk. After 4 months of treatments with Dr. Wang, BN could walk a mile and back. BN could also communicate with others and spouse, and BN's normal level of alertness returned. In a few weeks of acupuncture treatments, BN was strong enough to participate in physical therapy, and was able to get around well enough.

It has been 3 years since BN has been home now after the surgery, and seeing Dr. Wang. Dr. Wang's treatments have reduced BN's seizures to almost none (where BN loses consciousness, or has temporary paralysis). BN's blood pressure has come down, too. BN is now able to communicate more, and even has started to cook again. BN now does the acupuncture and Gong Sound therapy, and diet therapy.

BN's spouse wants BN to continue to do physical therapy exercises and participate in conversations more, as BN is still too passive (although she always had a passive personality before). Before Dr. Wang's treatments, BN was much too passive, had significant memory loss, was extremely withdrawn, forgot names of friends and was even too passive to ask them their names.

After Dr. Wang's treatments, BN is physically stronger, has improved mental alertness, feels more relaxed, happier and more alive. BN's ability to go up and down stairs has improved after Dr. Wang's treatments.

*(This paragraph contains the improvements observed and the on-going assessments and clinical evaluations of BN by Dr. Wang.)*

Note: Need to decide does Dr Wang want these reports for the medical lectures so with more medical terms and conditions or just for the nonmedical people to read?

Suggestion: Have all patients provide medical records (history) copies if possible at time of interview would be much more helpful and prior to interview (even better!)